# Guru Purnima 2023

#### UK

A snapshot of our Guru Purnima seva where the team undertook the following task:

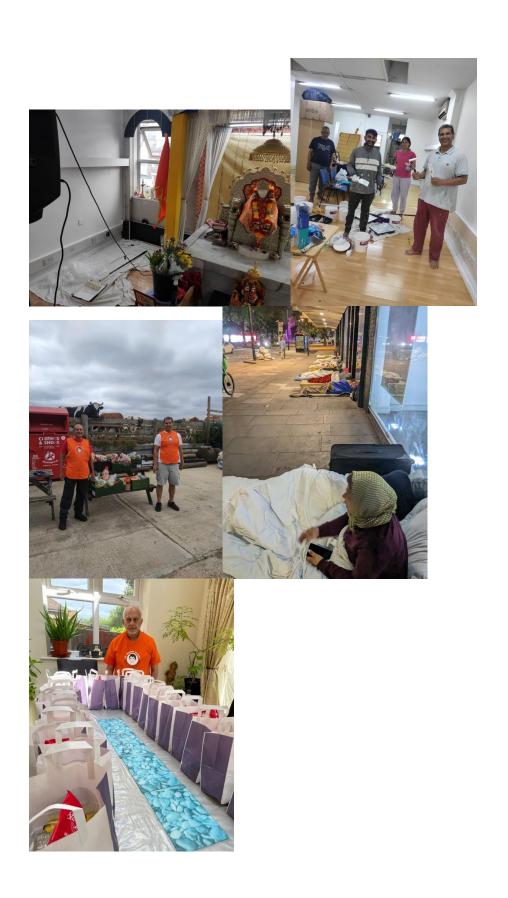
- Homeless seva in Central London, gave tent, clothing food and hot beverages to the homeless peoplesleeping on the streets of London.
- Animal feeding and restoration of a building at animal farm sanctuary and gave 108kg of food for the animals.

Took part in Age UK charity and served vegan meal for their event and raised much needed funds.

Painting and decorating Sai Temple at Reading.

50 vegan food parcels and cold drink and snacks to the Homeless shelter in Uxbridge and Windsor where we provide regular support.

ACT Foundation UK



### Mexico

ACT Mexico, with the support of ACT USA, carried out an early Guru Poornima Seva. Approximately 240 kilograms of food (vegetables, mixed fresh fruit, oats, rice, lentils, beans) were delivered to a center called Mi Gran Abuelo in Santa Catarina, Nuevo León, Mexico. This center helps about 80 seniors who struggle to meet their basic needs and looks after them when their families find it challenging.









## Iran

20 cans of infant formulas donated to 6 under one year old infants in the city of Mashhad. These families have different conditions like Afghans without any identification card or addicted parents and jobless parents



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42 plates of hot food, 63 packs of vegan sweets, 66 packs of fruits distributed to street kids, street workers, homeless people in the city of Tehran





Tehran city













10 packages of dry rations in total weight of 270 kg delivered to a very underprivileged village near the border of Afghanistan. Mostly they didn't have any reliable home, facilities or source of income. There're families with handicap kids and parents, jobless parents and without any identification papers

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Three packages of vegan food, in total weight of 68 kg and one can of infant formula, were donated to needy families, garbage collectors, and homeless families in Neyshabur city, also sick and saved dogs have been fed with 11 kg of vegan cooked food in a rescue shelter

#### **USA**

On this occasion of the very auspicious and divine festival of Guru Purnima, USA ACT team volunteers took the opportunity to serve and spread Mohanji's message of ahimsa and compassion for all. Collectively by the grace of our loving Guru, our volunteers humbly served by doing various food donations to the homeless people, elderly people, and donating food and supplies to various animal sanctuaries.

Here is a summary of our donations with more details below:

Total Food donated\_in kgs: 118kgs

Total Food donated for Animals in kgs: 335kgs

Total Meals served: 221

Volunteers in Arizona donated 61 peanut butter and jelly sandwiches and water bottles to the Casa Maria Soup Kitchen in Tucson, Arizona. Casa Maria is a Catholic Worker House committed to nonviolence, voluntary poverty, prayer, and hospitality for the homeless, exiled, hungry, and forsaken.

California volunteers donated 25kgs of dry food items to West Valley Community Services. West Valley Community Services is fighting poverty by providing critical food, housing, and support services to low-income individuals and families. The food items included: canned goods, flour, sugar, oil, cereal, PBJ, and applesauce.

The ACT Connecticut team donated 305kgs of animal food to the Freedom Farm Animal Sanctuary, a forever home for abused, neglected, and abandoned farm animals. 76 rescued animals have been given a chance at life thanks to the compassionate efforts of Lisa and her family. Their dedication and kindness have created a safe haven for these animals, ensuring they receive the care they need, which includes vet services. The animal food donated included: watermelons, scratch grains, rabbit feed, goat feed, rabbit and goat treats, and cracked corn.

ACT volunteers in Florida donated 30 kgs of fruits and veggies to the injured animals who are being treated at the Sawgrass wildlife center. The nature center is a place where people of all ages can come to observe birds, mammals, reptiles, and native plants and learn to appreciate the beauty of nature in south Florida. The following items were donated: blueberries, bananas, strawberries, and avocados. The vet who treats these animals said they have a lot of new baby birds who are ready to eat the blueberries.

The ACT Maryland team served 15 meals at the Hackerman-Patz House in the University of Maryland Rehabilitation & Orthopedic Institute in Baltimore. The meal included: Jeera Rice, Chickpeas, curry, and Salad.

The Massachusetts team donated 93kgs of dry food items to a local food pantry - Daniel's Table, Framingham MA. Daniel's Table is a non-profit organization which provides food security to local individuals/families that need assistance. Volunteers along with the kids

participated in the seva, and kids were very excited and helped in carrying the food items to the local pantry. The following food was donated: Granola bars, Oatmeal. 100% pure fruit juice boxes, Pasta, Salad dressings, Grape Jelly packs, Original vegetable juice boxes, Energy rush flavored powder packs, Graham crackers, Fruit snacks, Rice Krispies, and Jell-O dessert cups.

The Michigan ACT Volunteer team served 25 meals to the homeless community in Kalamazoo Michigan on Thursday June 29th. Michigan ACT Foundation partnered with a local Meal Train Initiative, Kalamazoo Together Volunteers (for Unhoused). Volunteers came together to provide and serve this delicious vegan meal which included: vegan fried rice, vegan chickpea curry, vegan peanut butter and jelly sandwiches, bananas, apple sauce, Oreo cookies, ice cold water, and ice-cold Gatorade. Our volunteers also passed out socks to all who needed and wanted them.

The Texas team partnered with Satya Sai group in sharing love by serving 120 meals to the homeless people in downtown Dallas. The food distribution was carried out at 3 locations that accumulated to serving over 120 individuals along with a few birds and one adorable dog. The meal included: oatmeal, fruits, milk, juices, and water.

A big thank you to all the volunteers who contributed and participated in these great seva's. Deepest gratitude and lots of love to Mohanji for providing this platform and giving us the opportunity to serve our local communities.













